



March 30, 2020

Frequently Asked Questions about COVID-19 (Coronavirus) and Transmission

How Does COVID-19 spread? Mainly from person-to-person through droplets.

What are droplets? Droplet transmission can come from a sneeze, cough, kiss, rubbing your eyes, nose or mouth, talking, singing, exhaling, etc.

What can droplets land on? Anything—a person, food, clothing, furniture and any other surface

How quickly does COVID-19 spread? Rapidly.

How long does the virus stay on surfaces? Several days. Varying reports show anywhere from five to 14 days.

Is anyone immune? No, COVID-19 impacts all age groups and ethnicities.

Can someone spread the virus without being sick or showing symptoms? Yes.

What is the best way to prevent illness? Avoid exposure to COVID-19 by practicing social distancing, stay home when you're not at work, and wash your hands with antibacterial soap for 20 seconds.

Why are healthcare workers wearing masks? To prevent droplets from landing on surfaces and each other, therefore reducing the exposure to each other and the residents we serve.

Why is cleaning multiple times a day so important? To disinfect surfaces that may be holding droplets and spreading viruses. It's possible someone can get COVID-19 by touching a surface or object that has the virus on it.